

RING SIZE GUIDE

Before measuring your ring, please make sure that this guide is printed in A4 size and in 100% scale. You can check the accuracy of your printout by positioning a credit card on the line below, or by checking that the example mentioned below measures exactly two centimeters.



Option 1: Measure with your ring

Measure the inner diameter of your ring and identify your measure. The numbering inscribed corresponds to the inner diameter in mm and the numbering circumscribed, corresponds to the ring sizes in Portugal.



Option 2: Measuring with a ribbon

Using a ribbon, wrap it around the base of your finger. To ensure that the ring fits comfortably, we suggest that you measure the knuckle of your finger as well. We recommend that you select a size that will slip over your finger.

With a pen, mark the point on the ribbon where the ends meet. Measure the length of the ribbon in millimeters with a ruler. Choose the closest size from the International Ring Size Conversion Chart to identify your ring size.

Circumference Perimeter in MM	Inner Diameter in MM	RING SIZE				
		Portugal	Europe	USA & Canada	UK, Irland, New Zealand, Austria, South Africa	Japan
44	14.1	4	44	3	F 1/2	4
45	14.3	5	45	3 1/4	G	5
46	14.7	6	46	3 3/4	H	6
47	14.9	7	47	4	H 1/2	7
48	15.3	8	48	4 1/2	I 1/2	8
49	15.5	9	49	4 3/4	J 1/2	9
50	15.9	10	50	5 1/4	K	10
51	16.3	11	51	5 3/4	L	11
52	16.5	12	52	6	L 1/2	12
53	16.9	13	53	6 1/4	M 1/2	13
54	17.3	14	54	6 3/4	N 1/2	14
55	17.5	15	55	7 1/4	O	15
56	17.9	16	56	7 1/2	P	16
57	18.2	17	57	8	P 1/2	17
58	18.5	18	58	8 1/4	Q 1/2	18
59	18.8	19	59	8 3/4	R	19
60	19.2	20	60	9	S	20
61	19.4	21	61	9 1/2	S 1/2	21
62	19.8	22	62	10	T 1/2	22
63	20.0	23	63	10 1/4	U 1/2	23
64	20.4	24	64	10 3/4	V	24
65	20.8	25	65	11	W	25
66	21.0	26	66	11 1/2	W 1/2	26
67	21.4	27	67	11 3/4	X 1/2	27
68	21.6	28	68	12 1/4	Z	28
69	22.0	29	69	12 1/2	Z 1/2	29
70	22.2	30	70	13		30

BRACELET SIZE GUIDE

With a tape measure wrap your wrist, without too tight and write down the measurement.

Add another two centimeters to your wrist measurement.

For example: Your wrist size is 16cm. The ideal size will be 18cm.

